

## Personal Protective Equipment

Personal Protective Equipment (PPE) is used to protect the eyes, face, head, body, arms, hands, legs, and feet. PPE includes items such as goggles, helmets, head covers, gloves, rubber slickers, disposable coveralls, safety shoes, or any other barrier or protective shield for workers.

You are recommended to do the following:

- Assess your workplace for PPE hazards;
- Select appropriate PPE for workers;
- Make it available at no charge;
- Train workers to use appropriate PPE;
- Document the training;
- Discipline workers who do not use PPE;
- Make sure workers use appropriate PPE to protect the eyes, face, head, hands, and toes;
- Keep PPE in safe condition; and,
- Make sure workers are protected from drowning.